



To the shareholders in Marine Harvest ASA

NOTICE OF EXTRAORDINARY GENERAL MEETING

Notice is hereby given of an extraordinary general meeting in Marine Harvest ASA to be convened:

Date: 16 October 2014
Time: 1500 CET
Venue: Sandviksbodene 77A/B, 5035 Bergen, Norway

The meeting will be opened by the chairman of the board, Ole Eirik Lerøy.

Following the opening of the meeting the number of shareholders and shareholder representatives present and the number of shares they represent will be registered and the total number of votes present made available to the meeting.

The following agenda is proposed:

- 1. Election of a chairperson and a person to sign the minutes together with the chairperson**
- 2. Approval of the notice and the agenda for the meeting**
- 3. Election of a new Director**

Following the resignation of Mr. Tor Olav Trøim as a director of the Company, the Board proposes that a new director is elected for the remainder of his term.

The Nomination Committee has recommended that Mr. Ørjan Svanevik is elected.

The full recommendation of the Nomination Committee is available at the Company's website.

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Marine Harvest ASA has a share capital of NOK 3,077,833,192.50 represented by 410,377,759 shares, each with a nominal value of NOK 7.50. Each share entitles its owner to one vote at the Company's general meeting. As of today, the Company owns 40,970 of its own shares for which it is not entitled to vote. A shareholder has the right to vote for the number of shares which is beneficially owned by him. The number of shares registered in such shareholders' name in the Company's shareholder register in the Norwegian Central Securities Register ("**VPS**") at the time of the general meeting will be accepted as documentation of ownership. If a shareholder has acquired shares shortly before the general meeting, voting rights for such shares can only be exercised if the acquisition has been registered in the VPS or if the acquisition has been reported to the VPS and is satisfactorily substantiated at the general meeting.

A shareholder will not be entitled to vote for shares that are registered in a VPS account belonging to a nominee, cf. section 4-10 of the Public Limited Liability Companies Act. In order to vote for such shares, these have to be transferred from the nominee to the shareholder in the Company's shareholder register prior to the general meeting.

Shareholders have the following rights in a general meeting:

- the right to be present, either personally or by proxy;
- the right to speak and to bring an advisor with the right to speak;
- the right to require information from the Board and the Company's managing director pursuant to the provisions of section 5-15 of the Public Limited Companies Act;
- the right to have matters considered provided that the shareholder has submitted such matter to the board in writing together with a proposal for a resolution or reasons why the matter is brought on the agenda no later than seven days before the deadline for giving notice of the general meeting;
- the right to provide alternative proposals to the recommendations of the nomination committee; and
- the right to receive documents pertaining to matters being dealt with at the general meeting which have been made available on the Company's website only.

Shareholders who wish to attend the extraordinary general meeting are requested to notify the Company of this. Such notice must be received by DNB Bank ASA no later than 14 October 2014 1500 CET. Notice of attendance may be sent electronically through the Company's website www.marineharvest.com or through VPS Investor Services. To access the Company's website in order to submit your notification of attendance or by proxy, the reference number and PIN code printed at the top of the form of power of attorney attached hereto must be stated. It may also be sent by e-mail: genf@dnb.no or regular mail to DNB Bank ASA, Registrar's Department, P.O.Box 1600 Sentrum, 0021 Oslo.

Shareholders who do not wish to attend the extraordinary general meeting personally have the right to be represented therein by proxy. If so, a written and dated power of attorney must be presented by the proxy at the extraordinary general meeting. The enclosed form may be used. The power of attorney may contain voting instructions.

This notice is also published on the Company's web site www.marineharvest.no.

Bergen, 23 September 2014

for the board of directors in Marine Harvest ASA

Ole Eirik Lerøy
Chairman of the Board



PIN CODE:

REF. NO:

Notice of extraordinary general meeting

An extraordinary general meeting of Marine Harvest ASA will be held on 16 October 2014 at 1500 CET in Sandviksbodene 77A/B, 5035 Bergen, Norway

If the shareholder is a legal entity, please name the person who will represent the entity:

Name of person representing the entity
(To grant proxy, use the proxy form below)

ALTERNATIVE A

ATTENDANCE FORM

Notice of attendance may be sent electronically through the Company's website www.marineharvest.com or through VPS Investor Services. To access the electronic system for notification of attendance or to submit your proxy, through the Company's website, the above-mentioned reference number and PIN code must be stated. It may also be sent by e-mail: genf@dnb.no or regular mail to DNB Bank ASA, Registrar's Department, P.O.Box 1600 Sentrum, 0021 Oslo, Norway.

The form must be registered by DnB Bank Verdipapirservice no later than 14 October 2014 1500 CET.

The undersigned:

will attend the Extraordinary General Meeting on 16 October 2014 and vote for:

A total of _____
own shares
other shares in accordance with enclosed Power of Attorney
Shares

Place: _____ Date: 2014 _____ Shareholder's signature
(To be signed only by a shareholder who will attend the AGM in person. To grant proxy, use the form below)

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ALTERNATIVE B (NOT APPLICABLE IF ALTERNATIVE A HAS BEEN SELECTED)

This proxy form is to be used for a proxy without voting instructions. To grant a proxy with voting instructions, please go to page 2.

POWER OF ATTORNEY WITHOUT VOTING INSTRUCTIONS: PIN CODE: REF. NO:

EXTRAORDINARY GENERAL MEETING OF MARINE HARVEST ASA, 16 OCTOBER 2014

If you are unable to attend the Extraordinary General Meeting in person, this proxy may be used by a person authorised by you, or you may send the proxy without naming the proxy holder. In such case, the proxy will be deemed to be given to the Chair of the Board of Directors or a person authorised by him.

The proxy form should be received by DNB Bank ASA, Registrar's Department no later than on 14 October 2014 1500 CET.
The proxy may be sent electronically through the Company's website www.marineharvest.com or through VPS Investor Services. It may also be sent by e-mail: genf@dnb.no or regular mail to DNB Bank ASA, Registrar's Department, P.O.Box 1600 Sentrum, 0021 Oslo, Norway.

The undersigned:

hereby grants (tick one of the two):

the Chair of the Board of Directors (or a person authorised by him), or

(Name of proxy holder in capital letters)

a proxy to attend and vote my/our shares at the Extraordinary General Meeting of Marine Harvest ASA on 16 October 2014.

Place: _____ Date: 2014 _____ Shareholder's signature
(Signature only when granting a proxy)

With regard to rights of attendance and voting, reference is made to the Norwegian Public Limited Liability Companies Act, in particular Chapter 5. If the shareholder is a company, the company's certificate of registration must be attached to the proxy.



ALTERNATIVE C (NOT APPLICABLE IF ALTERNATIVE A OR B HAS BEEN SELECTED)

This proxy form is to be used for a proxy with voting instructions.

POWER OF ATTORNEY WITH VOTING INSTRUCTIONS:

PIN CODE:

REF. NO:

EXTRAORDINARY GENERAL MEETING OF MARINE HARVEST ASA ON 16 OCTOBER 2014

If you are unable to attend the Extraordinary General Meeting in person, you may use this proxy form to give voting instructions. You may grant a proxy with voting instructions to a person authorised by you, or you may send the proxy without naming the proxy holder, in which case the proxy will be deemed to have been given to the Chair of the Board of Directors or a person authorised by him. The proxy form must be received by DNB Bank ASA, Registrar's Department, no later than 14 October 2014 1500 CET. It may be **sent by e-mail: genf@dnb.no** or regular mail to DNB Bank ASA, Registrar's Department, P.O.Box 1600 Sentrum, 0021 Oslo, Norway.

The undersigned:

hereby grants (tick one of the two):

- the Chair of the Board of Directors (or a person authorised by him), or
- _____
(Name of proxy holder in capital letters)

a proxy to attend and vote my/our shares at the Extraordinary General Meeting of Marine Harvest ASA on 16 October 2014.

The votes shall be exercised in accordance with the instructions below. Please note that if any items below are not voted on (not ticked off), this will be deemed to be an instruction to vote "for" the proposals in the notice. However, if any motions are made from the floor in addition to or replacement of the proposals in the notice, the proxy holder may vote or abstain from voting at his discretion. In such case, the proxy holder will vote on the basis of his reasonable understanding of the motion. The same applies if there is any doubt as to how the instructions should be understood. Where no such reasonable interpretation is possible, the proxy holder may abstain from voting.

Voting instructions for Extraordinary General Meeting 16 October 2014	For	Against	Abstention
1. Election of a chairperson and a person to sign the minutes together with the chairperson	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Approval of the notice and the agenda for the meeting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Election of a new director			
Ørjan Svanevik	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Place: _____ Date: 2014 Shareholder's signature

(Signature only when granting a proxy with voting instructions)

With regard to rights of attendance and voting, reference is made to the Norwegian Public Limited Liability Companies Act, in particular Chapter 5. If the shareholder is a company, the company's certificate of registration must be attached to the proxy.

MARINE HARVEST ASA

Proposal from the Nomination Committee to the Extraordinary General Meeting on 16 October 2014

In connection with the supplementary election to the board of directors scheduled to take place on the extraordinary general meeting in Marine Harvest ASA convened in October 2014, the nomination committee proposes Ørjan Svanevik as a new board member.

Ørjan Svanevik has been recommended by the company's largest shareholder Geveran Trading Co. Ltd. He will replace Tor Olav Trøim who until now has represented Geveran Trading Co. Ltd. at the board.

Ørjan Svanevik is an employee of the Seatankers-group. He was previously Managing Director for the investment and advisory company Oavik Capital AS. Prior to this, he was among others Head of M&A at Aker ASA, and COO and EVP of Kværner ASA. Ørjan Svanevik also worked in corporate advisory and investment banking for a decade. He started his career at Schlumberger, where he held various international financial management positions. Ørjan Svanevik has an AMP from Harvard Business School and a MBA from Thunderbird.

The Nomination Committee recommends that Ørjan Svanevik's period of election is set to the period until the next year's ordinary general meeting.

Erling Lind

Merethe Haugli

Arne Hjeltnes